



Youth Work Ireland  
North Connaught



# Sligo Youth Information Centre

We provide information, guidance and support to young people so they can make informed decisions on the below topics. Support is available via Zoom or face-to-face meetings in one-to-one or group settings. Young people can also use our chat service to chat with a Youth Information Officer between 4pm - 8pm, Monday to Friday. Get in touch via [www.ncycs.ie/get-an-answer-to-your-question-now](http://www.ncycs.ie/get-an-answer-to-your-question-now).

## Education

- ✓ Scholarships & grants
- ✓ Financial supports
- ✓ Apprenticeships
- ✓ CAO options
- ✓ PLC Courses

## Employment

- ✓ Jobs & Training
- ✓ 1:1 CV prep
- ✓ Interview skills & prep
- ✓ Career guidance

## Travel

- ✓ J1 Visas
- ✓ Emmigration to Canada, Aus & US
- ✓ European opportunities for young people
- ✓ Student/Young Adult Leap Card

## Wellbeing

- ✓ Relationships & sexuality
- ✓ Mental health supports
- ✓ General health & wellbeing

## Rights & Entitlements

- ✓ Employment
- ✓ Social Welfare
- ✓ Government supports
- ✓ Accommodation

## Migrant Support

- ✓ Assistance with form filling
- ✓ Info on entitlements, visa & residency rights & entitlements

## Contact Us

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