

NCYCS North Connaught Youth and Community Services include:

- Youth Club & Groups Programmes
- **School Programmes & Workshops** – Bullying, Alcohol, Drugs, Suicide, Health Promotion, Teen Parenting Programme, CV Preparation & Mock Interviews.
- **Teen Between** – One to one listening support/ advice for young people.
- Youth Leadership Training Courses
- Summer Camps
- International Exchanges
- Special Projects for Disadvantaged Youth
- Youth Club Support Work
- Youth Information Service

Free and confidential information services on Employment/Careers Education, Accommodation, Rights & Entitlements, Youth Services, Secretarial Service, CV Preparation, Interview Skills.

YAPS Youth Action Project

Garda Diversion Programme for 12 – 18 years. Offers intervention programmes for young people at risk with the aim of diverting them away from conflict with the Gardai and other authorities. **Caroline Costello 071 91 44152**

TEEN BETWEEN

Teen Between a support service for young people of separated parents. If you require any further information on any of the above please contact:

Catherine Mc Cann at 071 9144150/9147468

E-Mail: yicsligo@eircom.net

NCYCS North Connaught Youth & Community Services Publications

Booklets Available Free:

**'Under 18' Know your Employment Rights
Work, Travel & Volunteering Abroad
Guide to Coping with Bullying
You Are Not Alone - Guide to services in
Sligo for young people
Study Tips – How to Study for Exams
Going to College Guide**

OUTREACH

Other Workshops Available

- ◆ CV Clinic and Interviews Skills
- ◆ Job Hunting 4 Young People
- ◆ Mental Health
- ◆ Internet Safety & Responsibility
- ◆ Bullying & Stress
- ◆ Drugs & Alcohol

**For more information on any of the above
Please contact**

**Catherine McCann (Co-ordinator)
Anne Brennan (Information Officer)**

Tel: 071 91 44150 / 9147468

Fax: 071 91 45578

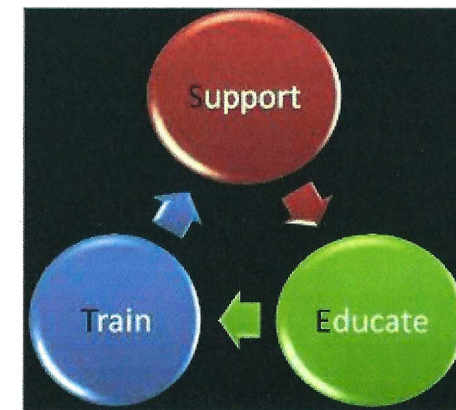
Email: yicsligo@eircom.net www.ncycs.ie



**North Connaught Youth
&
Community Services**



PROGRAMMES & WORKSHOPS



Rockwood Parade, Sligo

Tel: 071 91 44150 / 9147468

Fax: 071 9145578

Email: yicsligo@eircom.net www.ncycs.ie

Opening Hours :

9.00 a.m. – 5.00 p.m. (Mon – Thurs)

9.00 a.m. – 4.30 p.m. (Friday)

