

WEBSITES

You can get further information on general internet safety issues, including cyberbullying from the following websites:

www.internetsafety.ie

www.webwise.ie

Www.childnet.ie

www.watchyourspace.ie

Thinkuknow.co.uk

www.childline.ie

www.hotline.ie

www.barnardos.ie

www.ncte.ie

www.o2.ie/childprotection

www.npc.ie

www.nyci.ie

www.letsomeoneknow.ie

www.stopcyberbullying.org

www.bullybusters.org

Nobully.org.nz

Antibullying.net

www.families.ie

www.spunout.ie

www.reachout.com

www.yourmentalhealth.ie

www.turn2me.ie

SUPPORT SERVICES

www.ChildlineOnline.ie

People write in for a lot of different reasons.

If you have problems relating to issues such as bullying or simply no one to talk to, by texting the word

“TALK” to 50101

You can get in touch with someone who can help. The service is totally confidential; you will remain in control at all times.

If you need to speak to someone straight away please call

Childline on 1800 66 66 66.

**TEEN-LINE IRELAND FREEPHONE: 1800
-833-634**

NATIONAL PARENTS HELPLINE

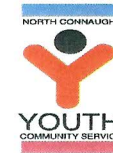
Tel:01887 4477

Office For Internet Safety

Freefone 1800242595

Email: getwithit@just.ie

Www.internetsafety.ie



**North Connaught
Youth Services**



**GUIDE FOR ALL
THE FAMILY**

Rockwood Parade, Sligo

Tel: 071 91 44150 / 9147468

Fax: 071 9145578

Email: yicsligo@eircom.net www.ncyics.ie

Opening Hours : 9.00 a.m. – 5.00 p.m. (Mon – Thurs)

9.00 a.m. – 4.30 p.m. (Friday)

