

ACTIVITIES

FOR YOUNG
PEOPLE

IN COUNTY SLIGO

**(Please note that at the time of print
the information was up to date May 2015)**

Please note that, while disability equality training workshops have been run in Sligo for many youth organisations and groups, not all groups will have taken part in such training. Please make contact with any of the above groups to discuss joining. Many of the groups listed are volunteer-led and all parents are encouraged to get involved as leaders in such groups.

DESSA (Disability Equality Specialist Support Agency) www.dessa.ie

DESSA is the national mainstreaming agency for effective inclusion & active participation of disabled people in Irish life through community development. DESSA's strategic plan is an inclusive equality framework, setting out three areas of action – advocacy, mainstreaming participation and supporting families experiencing disabling barriers.

Sligo Sport and Recreation Partnership

SSRP support increased involvement in sports development and education through active recreation for all ages. ****SUMMER CAMP LISTING EVERY YEAR**

SSRP Offices , Riverside, Sligo

Shane Hayes (Sports Inclusion Disability Officer) Tel: 071 9161511

Email: shane@sligosportandrecreation.ie

www.sligosportandrecreation.ie

North Connaught Youth & Community Services

Youth Services supporting for ages 10-25 years Sligo, Leitrim and Mayo Support, Training, Programmes, Summer Camps, Activities.

Rockwood Parade, Sligo

Pat Forde (Regional Director) Tel: 071 9144150

Email: youthservices@eircom.net

www.ncyos.ie

Sligo Youth Information Centre

Sligo YIC provides a free and confidential information service, offering support and advice, educational programmes and workshops to young people, parents and youth workers.

Rockwood Parade, Sligo

Catherine McCann (Co-ordinator) or Anne Brennan (Youth Information Officer) Tel: 071 9144150

Email: yicsligo.ncyos@gmail.com

Youth Clubs Sligo (NCYCS)

NCYCS offer support for youth clubs, cafes and projects on insurances, garda vetting, training, educational and recreational programme planning and activities.

Catherine McCann (Youth Officer) Tel: 071 9144150

Email: catherinemccann.ncycs@gmail.com

Foroige Sligo and Leitrim

Foroige provides interventions and programmes to support the healthy development of young people aged 10/12 - 18 years.

C.R.I.B., Rockwood Parade, Sligo and The South Leitrim Neighbourhood Youth Project

Ann Marie Regan (Project Leader) Tel: 086-9087141

E-mail: annemarie.regan@foroige.ie

www.foroige.ie

Foroige Clubs Sligo and Leitrim

Support for Clubs, Juniors, Interest Clubs and Volunteer led Youth Cafes through Volunteer recruitment and training.

Regional Youth Officer

Tel: 086-0227986 (Sligo) 086-0493199 (Leitrim)

Email: info@foroige.ie www.foroige.ie

Gaelic Athletic Association (GAA) Sligo

Community based volunteer led organization offering support and training for clubs, interclub activities and summer camps in hurling and gaelic football for all ages.

Aughamore Near, Carraroe, Sligo

Liam Og Gormley (GAA Games Development Officer) Tel: 0868254420

Email: sligogamesmanager@ericom.net www.sligogaa.ie

Football Association of Ireland (FAI) Sligo

Support and training for clubs, interclub activities, summer camps and skill development in football for all ages.

John Russell (FAI Development Officer) Tel: 083 1685062

E-mail: john.russell@fai.ie www.fai.ie

Youth Sports West

Provide extra-curricular sports activities and training to young people in primary and post-primary schools.

SSRP Offices , Riverside, Sligo Tel: 071 9161511

Theresa Kilgallon (Youth Sport Development Officer)

Email: theresa@sligosportandrecreation.ie

www.sligosportandrecreation.ie

Sligo Comhairle na nÓg

Youth Council developed to encourage participation of young people in local and national decision making.

Foroige C.R.I.B., Rockwood Parade, Sligo

Elaine Granaghan (Co-ordinator) Tel: 071 9146526

Email: elaine.granaghan@foroige.ie

Sligo Leader Partnership

Supporting Local Community Development & Education Programmes for young people and youth organisations.

Sligo Development Centre, Cleveragh Road,

Geri Bruce (Youth & Education Development Officer) Tel: 071 914 1138

Email: gbruce@sligoleader.com

www.sligoleader.ie

Scouting Ireland (Sligo)

Scouting activities for ages 6+ years, Beavers, Cubs, Scouts and Venturers. Groups in Ballintrillick, Calry, Drumcliffe, Rosses Point, Sligo town, Ballisodare.

Contact: Gillian Watters, County Commissioner Tel: 086-2079427

Email: Gillian.watters@gmail.com

[www.scouts.ie/join today/group locator.html](http://www.scouts.ie/join%20today/group%20locator.html)

Irish Girl Guides

Varied and exciting programmes for girls and young women aged 5-26 years. Opportunities for Leaders of all ages. Groups in Grange, Skreen-Dromard and Ballymote

Enquiries: Head Office Tel: 01-6683898

Email: info@irishgirlguides.ie

www.irishgirlguides.ie

Girls' Brigade Ireland

Through youth groups, the Girls' Brigade cares for and challenges young people for life through a programme of informal education underpinned by the Christian faith.

www.girlsbrigadeeirl.ie

All Enquiries: Tel: 01 668 9191

Boys' Brigade Ireland

Through youth groups, the Boys' Brigade cares for and challenges young people for life through a programme of informal education underpinned by the Christian faith.

Ballinacarrow Community Hall

Contact: Nigel Bourke Tel: 071-9167365

Email: info@boysbrigade.ie

www.boysbrigade.ie

Girls' Friendly Society

GFS offers education through fun activities while helping members to live a Christian life. Regular meetings, social events, festivals and youth camps for all ages.

Rathbarron, Coolaney

Contact: Head Office Tel: 01 6603754

Email: office@girlsfriendlysociety.ie

www.girlsfriendlysociety.ie

Order of Malta Cadets

Order of Malta offer training in basic life saving skills – First Aid, CPR and community activities for young people aged 10 - 16 years

Andrew Perich (Order of Malta Officer) Tel: 086 8342033

Email: Sligo@orderofmalta.ie

www.orderofmaltaireland.org

No Name Club (Sligo)

No Name Clubs are run by and for young people aged 15 years + who come together in a safe and lively environments where there's fun, friendship and enjoyment without the pressure of alcohol or other drugs. Groups in Tubbercurry and Sligo town.

Con Nolan (Development Officer) Tel: 086 3519043

Email: cnolan@nonameclub.ie

www.nonameclub.ie

The Avalon Centre (Youth & Community)

The Avalon Centre provides educational and recreational programmes, summer camps, youth clubs and activities for young people of all abilities age 4-18 years.

Chapel Street, Sligo

Enquiries: Tel: 071 9161836 / 9151203

Email: annemariesligoyouth@eircom.net.

Music Generation Sligo

Music Education for children and young people under 18. School programmes, evening classes and summer camps.

Mayo Sligo Leitrim ETB, Quay Street, Sligo

Rhona Mcgrath (Co-ordinator) Tel: 071-9138306

Email: rhonamcgrath@msletb.ie

www.musicgenerationsligo.com

The Hawkswell Theatre (Drama & Music)

Diverse programme of arts and entertainments, theatre and music workshops and summer camps for all ages.

The Hawkswell Theatre, Temple Street, Sligo

All Enquiries: Tel: 071 9161518

Email: boxoffice@hawkswell.com

www.hawkswell.com

The Model (Art, Music, Theatre, Cinema)

Art, education programmes, theatre, music events, exhibitions and cinema for young people all ages.

The Mall, Sligo

Enquiries: Tel: 071 - 9141405

Email: info@themodel.ie www.themodel.ie

County Sligo Youth Theatre (CSYT)

Provides programmes, events and theatre workshops to young people age 10 to 18 years.

The Fridge, Lower Quay Street, Sligo

Jean Marie Perinetti (Director) Tel: 071 9138489

Email: sligoyt@gmail.com

www.sligoyouththeatre.ie

Sligo Community Youth Choir (Girls)

Youth Choir and performance opportunities for 4th Class to 18 year old girls. Rehearsals Thursday nights 7-8pm.

Sligo Cathedral, Temple Street, Sligo

Contact: Emma Purcell 0879569742 or Eileen Curley 087 7506952

Sligo Co Council Arts Office

Arts programmes and activities covering all art forms. Also provides advice, grants and information available.

Sligo County Council, City Hall, Quay Street, Sligo

Mary McDonagh (Public Art Officer) Tel: 071 911 4465

Email: mmcdonagh@sligococo.ie

www.sligoarts.ie

SUMMER CAMPS and ACTIVITIES

USEFUL WEBSITES

Sports & Recreation www.sligosportandrecreation.ie

Multi-Activity Camps www.letsgo.ie

Athletics Camp www.athleticsireland.ie

Sligo Rover www.sligorovers.com

Sligo Soccer www.summersoccerschools.ie

Childrens Drama Performing www.starcamp.ie

Multi-Activity Camp www.athleticsireland.ie

Multi-Activity sports camp www.kellogsculcamps.gaa.ie

Drama Performing www.starcamp.ie

Irish & French www.scolasticlanguages.com

Sligo Co Council Arts Office www.sligoarts.ie

Music Camps www.musicgenerationsligo.com

Theatre Camps www.sligoyouththeatre.ie

PARENTS SUPPORT & INFORMATION

famielistoday.org

www.alive2thrive.ie

www.thisability.rocks (Sligo)

www.specialneedsparents.ie

www.dessa.ie

Activities	Age Group	Where	Contact / Tel
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AFTER SCHOOL

Afterschool Project For children with Autism and a learning disability,	Integrated activities, with a focus on FUN.	Avalon Community Centre, Chapel Street, Sligo	Avalon Community Centre, Tel: 071 9151203
“Teens After School Adventure Programme	Ages 7 to 16 years, After school adventure programme for children with Autism	Avalon Community Centre, Chapel Street, Sligo	Avalon Community Centre, Tel: 071 9151203

ALL ACTIVITIES

Moving On Up: A programme for young adults. The programme includes dance, arts and crafts, aerobics.	Age 18 years and over who are moving on from Senior Club.	Avalon Community Centre, Chapel Street, Sligo	Avalon Community Centre, Tel: 071 9151203
Senior Integrated Club: Programmes include sports, dance, recording music, song writing and arts and crafts for young people	Ages 13 to 16.		Avalon Community Centre, Tel: 071 9151203
Autism Specific Summer Camp: Programmes include canoeing, orienteering, beach activities as well as indoor activities.	For young people ages 7 to 11 and 12 years + The programme is for children on the Autism Spectrum.	Avalon Community Centre, Chapel Street, Sligo	Avalon Community Centre, Tel: 071 9151203
Games for all (adults) 18+	All adults with a disability	Sports Complex, Cleveragh	Hayes: 071 9161511 (shane@sligosportandrecreation.ie)
Games for all (young people (15-17 yr olds)	Young people with a disability 5-17 years	Sports Complex, Cleveragh	Shane Hayes: 071 9161511 (shane@sligosportandrecreation.ie)
Physical Activity for people with Arthritis:	Suitable for adults with Arthritis	Takes place in many places around Co.Sligo	Shane Hayes: 0719161511 (shane@sligosportandrecreation.ie)
Summer Camp in Partnership with the Respite Services		Avalon Community Centre, Chapel Street, Sligo	Avalon Community Centre, Tel: 071 9151203

Activities	Age Group	Where	Contact / Tel
ALTERNATIVE CAMP <ul style="list-style-type: none"> • Basic Life Support • Creative crafts • Cooking & Baking fun Lakeshore activities • Treasure Hunts 	9-15 years	St. Angela's College, Sligo *Free shuttle bus in operation to and from St. Angela's to Sligo Town	Dr. Niamh Plunkett 071-9135623 nplunkett@stangelas.nuigalway.ie www.cll.ie
Robotics Camp 3 Day Camp for children with an Intellectual Disability Activities Include: <ul style="list-style-type: none"> ▪ Arts and Crafts ▪ Nature Studies ▪ Games ▪ Cooking and baking ▪ Computer Fun 	8 -16 years	St. Angela's College, Sligo	Mr. Martin Barry 071-9135625 mberry@stangelas.nuigalway.ie www.cll.ie

ATHLETICS

Athletics Fit for Summer	6 years+	Mercy College Sligo	018869933 www.athleticsireland.ie
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ARTS AND CRAFTS

Art Therapy for Children with Special Needs	4-6 and 7-11 years old	Sligo Arts Psychotherapy Centre	Rebecca 0861779733 or Pia 0877752361
Art Summer Camp for Oil Painting	8 years upwards	Strandhill area	086-1755283 Monica
Arts & Crafts Outdoor Activities	6-12 years	Sligo Family Resource Centre	071-9146315
Art & Crafts Indoor & Outdoor Activities Computers	6-12 years	Sligo IT, Ballinode Sligo	017-9155211 Gerard Dalton
Arts summer Camp	All ages	The Bennisin Centre, Ballintrillick, Co. Sligo	071-9176721
Art	Age 6-12 years	Knocknarea Arena IT Sligo	0719155211 furey.daniel@itsligo.ie
Arts & Crafts, Pottery German & French	All ages	Rula Bula Sligo	071 9147528

Activities	Age Group	Where	Contact / Tel
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BADMINTON

Badminton	TBC	Badminton Ireland Sligo Tennis Club	0876412724 David McGee
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BASKETBALL

Basketball Sligo Giant Warriors	6-12 years 13-18 years	Sligo Giant Warriors Basketball International Camp	Gorana Leahy 071-9147872
Basketball	10 -16yrs	Sligo All Stars Fundamental Basketball Camp Mercy College	0876413169 Shane O'Meara

COMPUTING

Basic Computers/ ECDL Certification	10 -14 years	Compupac IT Solutions Training Centre, St. Vincent's Business Centre, Finisklin Road, Sligo	071-9158706
Robotics Course Whats involved: <ul style="list-style-type: none"> ▪ Introduction to robots and programming ▪ Building robots ▪ Visual programming ▪ Introduction to android programming ▪ App development ▪ Remote control your robot 	9-16 year	St. Angela's College, Sligo *Free shuttle bus in operation to and from St. Angela's to Sligo Town	Dr. Niamh Plunkett 071-9135623 nplunkett@stangelas.nuigalway.ie www.cll.ie

Activities	Age Group	Where	Contact / Tel
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COOKERY CLASSES

Junior Chef Cookery Camp	9-14 years	Source Sligo Harmony Hill, Sligo Town	071 9147605
Teen Cookery Camp	14 – 16 years	Source Sligo Harmony Hill, Sligo Town	071 9147605
Sligo Cookery Club Summer camp	All ages	Mercy College Chapel Hill, Sligo	0879870053
Little Chefs/ Young Chefs Cooking Classes	Age 7-12 years 13-17 years	Carton, Sligo	087-2385140

CYCLING

Tandem Cycling	For those with visual impairments	Various Venues	Shane Hayes: 0719161511 (shane@sligosportandrecreation.ie)
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DANCE

Samba Dance Workshops	Workshops for 18+ years / adults with learning/physical disabilities in partnership with other Service Providers.	Avalon Community Centre, Chapel Street, Sligo	Avalon Community Centre, Tel: 071 9151203
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DRAMA AND SINGING

Dramarama Summer Camp	5-12 years	Strandhill	Vanessa 0872991215
Starcamp12	5-13 years	Various Sligo locations	021-4377900
Spraoui Academy Speech & Drama Camp	All Ages	Sligo Town Centre	Aoibhinn 0877863770
Singing (Vocal exercise & Breathing technique), Harmonies & exercises	10-18 years	Hawkswell Theatre Sligo	071-9161518

Activities	Age Group	Where	Contact / Tel
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EDUCATION

Sample College Life - Sample subjects - Advice on study tips, - Note taking and essay writing - Field trips	14 - 17 years	Sligo Institute of Technology Ballinode, Sligo	Tel: 914 7728 087-630 1585 summercampireland.com/ info@summercampireland.com
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GAELIC & HURLING

Gaelic & Hurling	7-13 years	VHI Cul Camp Calry	0863221351 Deirde Quinn
Gaelic & Hurling	7-13 years	VHI Cul Camp Keash	0861733572 Martin Giblin/ Declan Keavney
Gaelic & Hurling	7-13 years	VHI Cul Camp St Patricks/ Dromard	0876473556 Des Henry
Gaelic & Hurling	7-13 years	VHI Cul Camp Geevagh Grange	0871369259 Teresa O Rourke 0877487553 Jimmy Mc Loughlin
Gaelic & Hurling	7-13 years	VHI Cul Camp Kent Park Sligo Town	0868381270 Joe Cambell
Gaelic & Hurling	7-13 years	GAA/Cul camps Drumcliff	0862554914 Paul Dwyer
Gaelic & Hurling	7-13 years	GAA/Cul camps Coolera, Strandhill Ransboro	0868326908 Steven Carty
Gaelic & Hurling	7-13 years	St. Molaise Gaels Shamrock Gaels	0877487553 Jimmy Mc Loughlin 0863757626 Mary Quinn
Gaelic & Hurling	7-13 years	Ballymote Tubbercurry	0876384032 Pat Kilcoyne 0876384032 Pat Kilcoyne
Gaelic & Hurling	7-13 yrs	Enniscrone/Kilglass	0879142154 Paddy Tuffy
Gaelic & Hurling	7-13 years	St. Farnan's/ Dromore West	0868843341 Dessie Harte

Activities	Age Group	Where	Contact / Tel
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GOLF

Fairways Golf Club	Sligo/Leitrim Special Olympics Clubs	Rosses Point, Co. Sligo	0719177700
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HORSE RIDING

Horse Riding	6-16 years	Markree Castle Riding Stables	071-9130727 087-2191786 Caroline Carty
Horse Riding	All Ages	Sligo Riding Centre Carrowmore, Sligo	071-9161353
Keash Equestrian Centre Horse Riding Camps		Keash Ballymote Co. Sligo	Nina 0863118301 or Eilish 0876772094

Pegasus Centre	Those who have special needs	Grange, Co. Sligo	087-2220302 OR 0719173032 Email: pegasuscentre@eircom.net Web: www.pegasuscentre.org
Nightriders Equestrian Club	Sligo/Leitrim Special Olympics Clubs	McGarry's Stables, Co. Sligo	0719146678
Horse Riding	Young people with a disability	Keash Equestrian Centre	Shane Hayes: 0719161511 (shane@sligosportandrecreation.i e)

HOCKEY

Under Age Hockey Camp	Under 16 years	Ursuline College	Leona 0857179084
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Activities	Age Group	Where	Contact / Tel
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LANGUAGES

FRENCH AND IRISH COURSES Irish: Pre Junior Cert French: Pre Leaving Cert	Pre Junior Cert AND Leaving Cert	Mercy College, Sligo	Tel: 087 9973346 Email: info@scholasticlanguages.com www.scholasticlanguages.com
Irish Language Camp Pre Junior Certificate	1 st and 2 nd Year Secondary school students	St. Angela's College, Sligo *Free shuttle bus from St. Angela's to Sligo Town	Mr. Martin Barry 071-9135625 mberry@stangelas.nuigalway.ie www.cll.ie
French Languages summer camp	8-12 years 5-9 years 7-12 years	Celine Godard	087-9326985 contact@french-lessons.ie www.french-lessons.ie
Irish and French Summer Courses	7-17years Pre Junior Cert Pre Leaving Cert	Sligo and Carrick-on-Shannon	Scholastic Languages 0879973346 0879972915 info@scholasticlanguages.com
Yeats Language School	All Ages	14, Teeling Street Sligo	071-9148050
Sligo IT Languages	All Ages	IT Summer Schools	071-9155222

Activities	Age Group	Where	Contact / Tel
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MUSIC

MUSIC SUMMER CAMPS AND WORKSHOPS IN COUNTY SLIGO	13 -18 years		Rhona Mcgrath. Music Generation Sligo, Sligo ETB rmcgrath@sligovec.ie 071-9138306
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MUSIC & DANCE

Irish Traditional Music and Dance	Under 16 years	South Sligo Summer School Tubbercurry Co Sligo	Rita Flannery 071-9120912 Marie Flannery 071-9182151
Rathcormack Music School	All Ages	Branleys yard Rathcormack Co Sligo	Dave 086-8658050
Singing Lessons & Drama Summer Camp	10-18 years	Hawkswell Theatre	071 9161518 www.hawkeswell.com

MEDIA & FILM

Introductory Film Making Directing, Writing Acting Editing Production Cinematography	14 – 17 years	Sligo Film Academy Old Thorn Yard, Wine Street, Sligo	076 6025732 info@sligofilmacademy.ie www.sligofilmacademy.com
Film Making Summer Camp	10 – 12 years	North West Film School	071 9650837
Film Making Summer Camp	13 – 18 years	North West Film School	071 9650837
Photography Summer School Digital Camera	No age given	Taylor's Art Gallery	Peter Wilcock 071-9165138

Activities	Age Group	Where	Contact / Tel
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MULTI - ACTIVITY

Ultimate Adventure Camp Mountain biking, hiking, stand up paddle, orienteering, snorkelling	Two camps: 8 – 12 years 12 – 16 years	Northwest Adventure Tours	northwestadventuretours.ie northwestadventureoutrs@gmail.com 0860229952 0871259594
Multi Activity Sports camps.	5-6 year and 7-13 years	Lets Go Summer Camp Mercy College, Sligo	www.letsgo.ie 1890 538 746 OR 021 487 7111
Multi Activity Sports camps	All Ages	Sligo Regional Sports Centre Complex Capers Cleveragh, Sligo	071-9160539
Multi-Activity		Waterpoint Summer Camp	096 -36999
Multi-Activity	6-16 years	CLASP Summer camp Gleann Community Centre	071-9165577 Laura Mahon
Multi Activity Lets Go summer Camp	5-14 years 5-13 years	North Sligo Com Centre Tubbercurry Grange Mercy College	021-4877111 1890 538746
Multi-Activity Summer project	3-7 years	Busy Bees Summer Camp Gurteen	071-9182960
Multi-Activity Summer project	3-10 years	Little VIPs Summer Camp Carnleck	0876507527 Maura Henry 0879714620 Tina Kane
Multi-Activity Summer project	5-14 years	Avalon Centre (St. Annes)	071-9151203 071-9161836 George Mc Guire
Multi –Activity Summer project	6-12 years	Youth Sport Coola, Summer Sports camp	071-9165365 Eamon Bruen
Multi-Activity Summer project	7-16 years	Northside Forthill	071-9147097 0877776482
Multi-Activity	5-12 years	Sunset After School Camps Carton	071-9142728

Activities	Age Group	Where	Contact / Tel
Multi-Activity	5-13 years	Summer Camp 09 Skreen/Dromard Community Centre	0877452141 Sharon Eastwood 0879292294 Ester Mooney
Multi-sport	5-15 years (Young People With A disability)	Games For All Camp Tubbercurry	071-9161511 071-9186926 Shane Hayes
Gymnastics	6 years+	Dynamo Gymnastics Club Toberbride Business Pk Collooney	Dynamogymclub @gmail.com
MCR Summer Camp	5-9 years 10-12 yrs 5-9 yrs	MCR Community centre Mail Coach Road Sligo	071-9146512
Multi-Activity	5-16 years	Ballymote Summer Camp	071-91389835 087-7977197 Bridget Colleran
Multi-Activity	5-12 years	Avena Leisure Centre Ballisadare	071-9130882 Declan Nugent
Multi-Activity	4-17 years	Recourse House Project Summer Camp Cranmore	071-9147070 Anne Marie Snee
Multi-Activity	5-12 years	Cranmore Summer Project	071-9143420 Deirde Gethins
Multi-Activity	4-12 years	CosyCats Summer Camps	071-9146506 Yvonne Stewart
Multi-Activity	6-12 years	Sligo Institute of Technology Sligo	0719155211 Gerard Dalton
Multi-Activity	5 -7 years 8 -11 years	Merville Community Centre Maugheraboy	071-9152002 Gillian Finan
Multi-Activity Lark in the park,Crazy Kayacks,Bouncy Castles,Treasure Trails,Team Games	All Ages	Sligo Sports Complex	0719160539

Activities	Age Group	Where	Contact / Tel
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PET FARM SUMMER CAMPS

Hands on interaction with animals and birds. Outdoor Nature treks and Treasure Hunts	4 – 12 YEARS	Calry	071-9140413 0861219270
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RUGBY

Rugby		Connacht Rugby Summer Camp	091-561568
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SCIENCE

Science mania	5-7 years 8-12 years	Scoil Ursula National School Strandhill Road, Sligo	0862052403
Science Summer Camps	See Contact	CMD Training www.cmd.ie	071-917041 www.secretsciencecentre.com

SOCCER/ GAELIC FOOTBALL

FAI Soccer Summer camps	6-14 years Boys Girls	Sligo Carney Coolaney Riverstown Boyle	1890 653 653
Sligo Rovers Soccer camps	5-16 years Boy	Sligo Grange Charlestown Enniscrone	071-9171212
Goalkeeper Camp	7 -15 years	Showgrounds Sligo	1890 653 653
Girls Only FAI Summer Soccer School	7 - 15 years	Showgrounds Sligo	1890 653 653
Soccer Camps	6 – 14 years	Various locations in Sligo	www.summersoccerschools.ie

Activities	Age Group	Where	Contact / Tel
Gaelic Football GAA Camps	See Contact	Tourlestrane Geevagh Collera/Strandhill St. Marys Ballymote St. Michaels Tubbercurry Drumcliffe/Rosses Point Eastern Harps Enniscrone/Kilglas St. Maolise Gaels Shamrock Gaels Calry/St. Josephs St. Farnans Owenmore Gaels	0871369259 0861649608 0861997706 0876702792 0863822293 0876384032 0876288718 0879883777 0879142154 0877487553 0863757626 0876391032 0872951795 0871710909 0870505202

TABLE TENNIS

Table Tennis	Pan-disability	Sligo Grammar School	Shane Hayes: 0719161511 (shane@sligosportandrecreation.ie)
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WALKING

Well Being Walks	Adults	Sligo Town and Surrounding areas	Shane Hayes: 0719161511 (shane@sligosportandrecreation.ie)
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WATER SPORTS

Surf School Pointbreak		Strandhill sligo	087-2392934 Ray
SLIGO YACHT CLUB		086-3363350	training@sligoyachtclub.ie
Water-Safety	5 years+	Irish Water Safety & rescue Classes Dromard/Skreen Auighris Pier	096-47496 0862503245 Patricia Keane
Kids summer camp Fitness 4 all	5-10 years		Miriam 087-9104713
Kayaking, Archery Scuba-Diving Treasure Hunt Horse Riding & many More Activities		International Sligo Summer Camp IT Sligo Campus Ballinode	071-9147728 0876301585 071-9144500

Activities	Age Group	Where	Contact / Tel
Surfing	8-16 years	Bundoran Surf Co. Main St, Bundoran Co. Donegal	071-9841968 0879572924
Something New camp Snorkelling, Kayaking Soccer Camp Soccer skills & more	All Ages	Aura Leitrim Attifinlay Carrick-on-Shannon	071-9671771
Paddle Monkey Kayaking	Adult & Children	Paddle Monkey Usually Half-moon Bay in Hazelwood	071-9134977
Kayaking Camps	All Ages	Doorly Park Sligo Town	087 9865998
Sailing	9-18 years	Sligo Sailing Club Mullaghmore	0872448687 071-9142621
Surfing	9-16 years	Strandhill Surf School (ISA Approved)	071-9168483 0872870817 Paul Buchanan
Surfing		TurfnSurf Lodge and Surf School Strandhill and Lissadell Bundoran and Rossnowlagh	071-9841091 Patrick O'Donnell
Surfing		West Coast Surf School Strandhill Sligo	086 306 7053 Jamie Bain
Surf to Heal For young people with Autism	All Ages	Streedagh	Shane Hayes 071-9161511
Surfing	8-16 years	Seventh Wave Surf School	0879716389
Point break Surf school	8-17	Strandhill Streedagh Kilcummin mayo	Camps run Monday-Friday 0872392934
Swimming	5-12 years	Avena Swimming Academy Little Ducks Boot Camp	071-9130882 Declan Nugent
Surfing	8 years – Adult	North West Surf School Enniscrone Beach	0879595556 Shane Lavelle
Surf Camps, Beach Games, Water Safety Surf Science.	8-16 years	Enniscrone Beach	087 9716389 085 7385399